

SHERPAS - KEY

1. Where do most sherpas live? **in the valleys of the Himalayan mountains**
2. How many still live there today? **about 40,000**
3. Where did they originally come from? **Tibet**
4. What is their religion? What do they worship? **most are Tibetan Buddhists ; they worship nature and the mountains around them**
5. What did sherpas do before mountaineering started? **traded goods, grew corn and potatoes**
6. Who was the first sherpa to climb Mount Everest? **Tensing Norgay**
7. Which animals do sherpas use to carry things? **yaks**
8. Why are sherpas ideal guides for mountaineering expedition? **they are physically strong; they need less oxygen to breathe and can work better in thin air**
9. How much do mountaineers pay for a Himalaya expedition? **60,000 dollars**
10. How much can sherpas earn by guiding an expedition? **2,000 dollars**
11. In what other ways do sherpas make an income? **they operate hotels and lodges**
12. What has been done to make the life of sherpas better? **more health care and modern medicine in remote villages; water power plants and hospitals have been built**
13. How do sherpas live today? **in a more western way, some live as their ancestors did**