

## TEST – CHILDHOOD OBESITY

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1. In which countries of the world is childhood obesity a big problem : \_\_\_\_\_  
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2. What body mass index should you have so that you're not overweight ? \_\_\_\_\_
3. What do we need in order to grow and stay healthy ? \_\_\_\_\_
4. Name some of the causes of obesity : \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. What are vending machines ? Where can you find them ? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
6. Why do soft drinks lead to increased obesity ? \_\_\_\_\_
7. How have family eating habits changed over the years ? \_\_\_\_\_  
\_\_\_\_\_
8. How might overweight parents affect the obesity of children ? \_\_\_\_\_  
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9. What can type 2 diabetes lead to ? \_\_\_\_\_  
\_\_\_\_\_
10. What are other health risks of obesity ? \_\_\_\_\_  
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